

COVID measures for in-person meetings and travel policy

Registration and vaccination status

Accurate information about the COVID-19 vaccination status of participants will help with event planning to facilitate a safe meeting environment for everyone.

- All delegates, regardless of rank and affiliation, who intend to participate in the meetings in person are required to verify that they are fully vaccinated against COVID-19 through the registration platform at the time of registration.
- You may be requested to present proof of vaccination at the registration counter.

Fully vaccinated means having two doses and a booster shot, when eligible.

Before the meeting

Prepare yourself before attending the in-person meeting:

- Apprise yourself of the current COVID-19 situation from reliable sources such as the WHO and the host country's Ministry of Health.
- Carefully read this COVID-19 health information package
- Share your contact information with the meeting organizer as provided in the registration platform. This information will include your full name, mobile phone number, email contact details, and hotel/residential details.
- Contact tracing is an important disease control procedure and will be undertaken if an in-person participant is diagnosed with COVID-19 infection during or soon after the in-person meeting
- Ensure that you carry your health and travel insurance details/card while you attend the meeting. This will be important in case external medical assistance or hospitalization is required.

Arrival in the Host Country

All meeting participants should be aware of host country entry requirements regarding COVID-19, i.e. COVID-19 vaccination requirements, COVID-19 testing and other related public health requirements.

During the meeting

Meeting participants should avoid exposing themselves to COVID-19 by always practicing preventive health measures:

- A rapid antigen test may be requested upon entrance. Participants will be informed a few days before the meeting.
- All delegates are required to wear surgical, FFP2 or KN95 masks in the venue at all times in public spaces and in the meeting rooms except when addressing the meeting.
- Seating arrangements will observe a minimum physical distance of 1 meter. Participants are advised to comply with these seating arrangements and the applicable limits for delegation numbers to avoid a situation of crowding in the meeting venues.
- Avoid close contact with other persons both within and outside the meeting venue to limit potential exposure to COVID-19.
- Participants should wash their hands with soap and water or use alcohol-based sanitizer for hand hygiene.
- Do not come to the meeting if you develop a fever or become unwell.
- Good ventilation at the meeting venue will be prioritized.

Consult the WHO-approved [COVID-19 preventive measures](#). These apply to all persons regardless of COVID-19 vaccination status.

Quarantine and Isolation

If you have symptoms, and/or if you have learned that you were possibly exposed, take the following measures:

- Self-quarantine in your hotel while closely observing your health for symptoms of COVID-19. It is important to contact the meeting organisers to receive specific guidance on monitoring your health, available testing options and other related support during quarantine.
- Get a PCR test. Contact the organizers for information on how to get a test.
- If you are confirmed to have COVID-19, you need to stay in isolation. Isolation is important in controlling the spread of COVID-19, and monitoring in case escalation of medical care is required.
- The Secretariat will not be able to provide financial assistance to participants testing positive for COVID-19 and hence in need of isolation.
- Please ask the meeting organizers how long you need to stay in isolation before you can return to the meeting or leave the country.

After the meeting

- Following the conclusion of in-person meetings, participants are expected to monitor their health closely for a period of 14 days. It is important to watch out for the development of fever or any other COVID-19 symptoms.
- A participant should immediately contact the Secretariat if diagnosed with COVID-19 within 14 days after the meeting.
- In case Participants are required to take a COVID PCR test to return to their home country, the Secretariat or meeting organizer will provide them with a list of testing centres. Participants should arrange the appointments for the test and cover the costs.

INFORMATION FOR FINLAND

Travel requirements can be consulted here: [Guidelines for border traffic during pandemic](#) (Finnish Border Guard); [Travel and the coronavirus pandemic](#) (Finnish Institute for health and welfare); [When arriving in Finland and Helsinki](#) (City of Helsinki)

Medical services and COVID hotline: Contact a private healthcare provider, for example [Mehiläinen Helsinki Töölö](#).

Local requirement in case of positive testing: [Coronavirus tests](#) (Finnish institute for health and welfare); [Coronavirus testing in Helsinki](#) (City of Helsinki)

List of COVID testing centers: See [Helsinki Airport](#); and private healthcare providers close to the workshop venue such as [Mehiläinen Helsinki Töölö](#); [Aava Kamppi](#); [Terveystalo Kamppi](#).

Secretariat COVID focal point for the workshop: [Jenny Renell](#)