

The HELCOM Toolbox for bycatch mitigation – focus on harbour porpoise



22nd Jastarnia Group meeting
15-16 of April 2026

Authors: Sven Koschinski, Meereszoologie, DE
Kate Kamińska, The Fisheries Department , Ministry of Agriculture, PL

Context

S43

Reduce the negative impacts of fishing activities on the marine ecosystem and to this end, support the development of fisheries management, including technical measures to minimize unwanted by-catch of fish, birds and marine mammals and achieve the close to zero target for by-catch rates of relevant species by 2024, especially the Baltic proper population of harbour porpoise by 2022.

Cross-reference to actions in other segments

B8

S47

Continually test, promote, and introduce new technical and operational by-catch mitigation measures such as alternative and seal safe gears in cooperation with competent authorities with the aim to, as appropriate, replace fishing gear proven to be problematic with respect to by-catch, with evaluation of measures every five years starting in 2023, and regularly update the HELCOM questionnaire on trials of alternative fishing gears and fishing techniques.

Cross-reference to actions in other segments

B3

B5

B8

22nd Meeting of the ASCOBANS Jastarnia Group



HELCOM

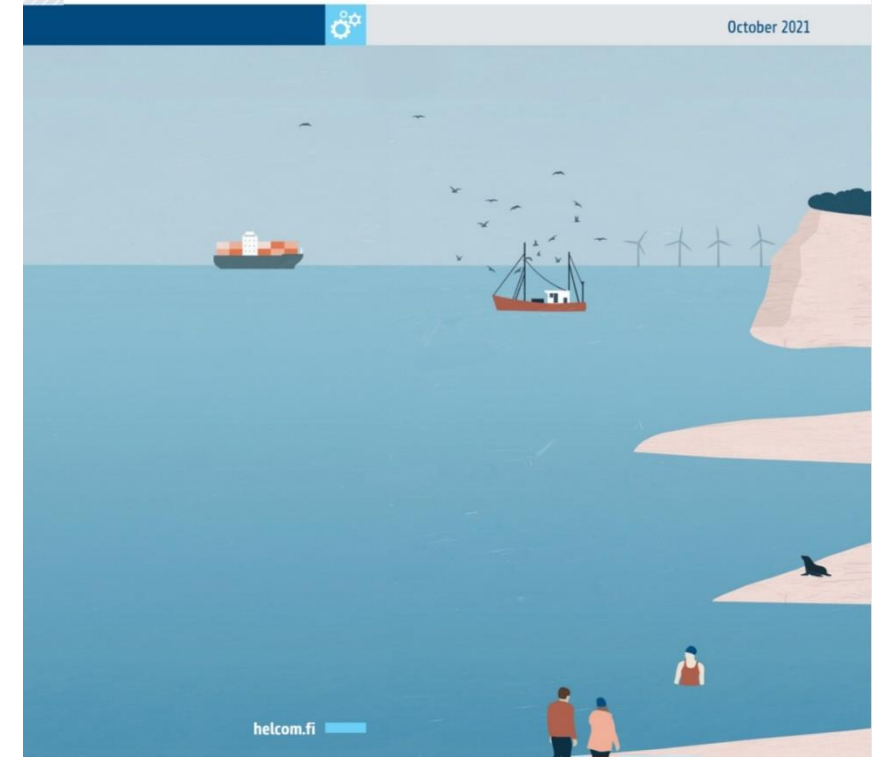
HELCOM



Baltic Sea Action Plan 2021 update

Baltic Marine Environment
Protection Commission

October 2021



helcom.fi

Context

S46

Promote effective mitigation measures to minimize by-catch of harbour porpoises in the Baltic Sea area inter alia via cooperation with the Baltic Sea Fisheries Forum (BALTFISH), and evaluate and promote adjusted measures as needed by 2025.

Cross-reference to actions in other segments

B8

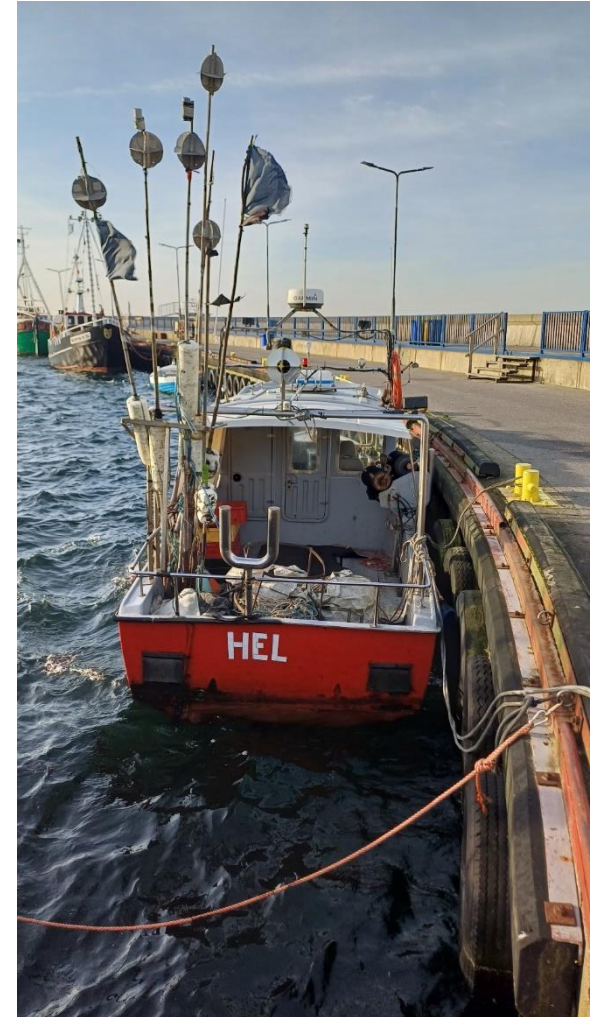
Invite the competent authorities to immediately, but no later than 2022, implement mitigation measures in the Baltic proper, in order for by-catch of harbour porpoise to be significantly reduced with the aim to reach by-catch rates close to zero.

Cross-reference to actions in other segments

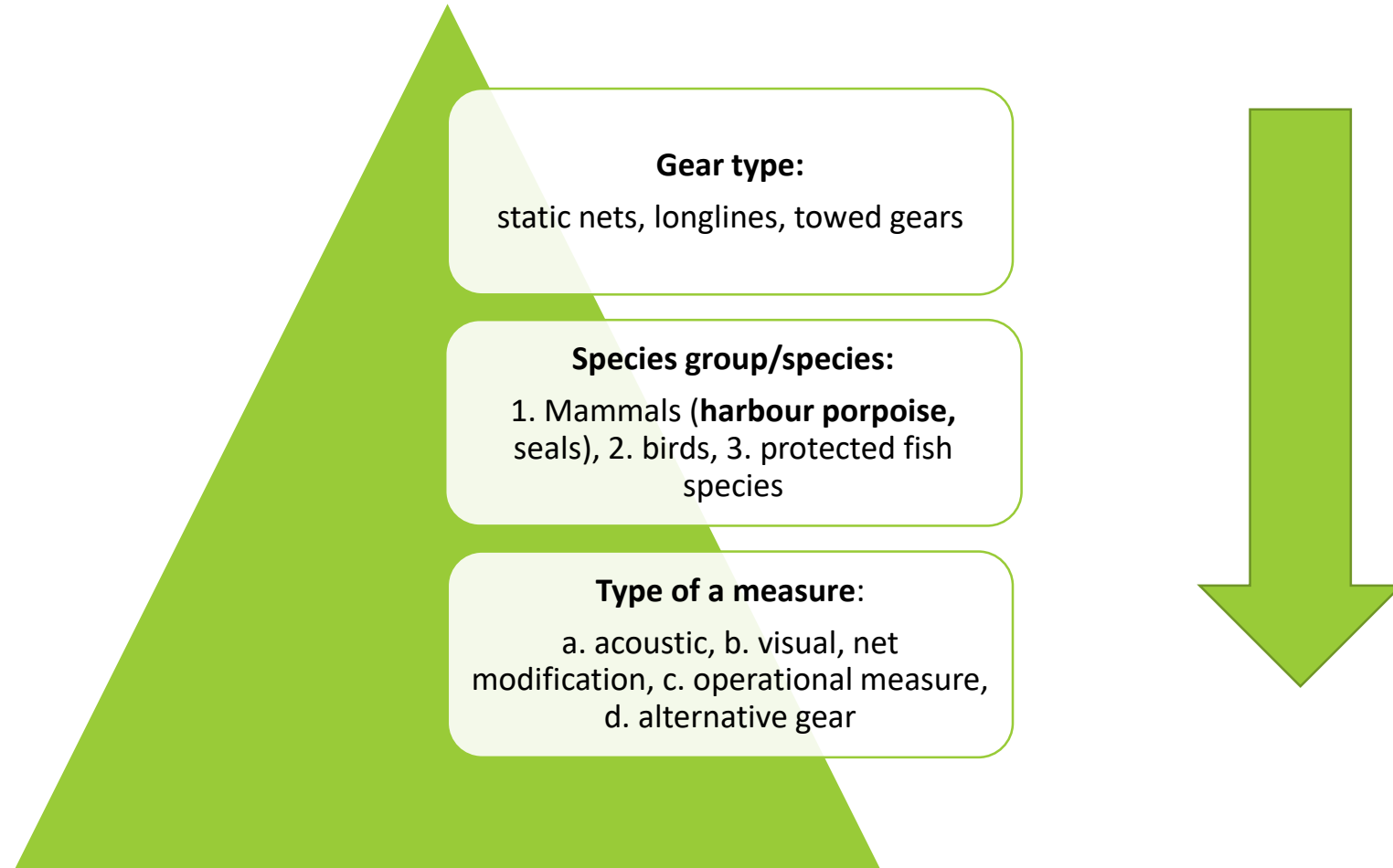
S44

B8

The HELCOM Toolbox is a first step aiming at fully implementing these BSAP actions which have been agreed by all HELCOM Contracting Parties



BSAP Actions S43, 44, 46, 47 Toolbox for bycatch mitigation



BSAP Actions S43, 44, 46, 47 Toolbox for bycatch mitigation



Categories used to assess each measure
(e.g., in terms of mitigation efficiency) and the effectiveness of the measure in the Baltic Sea

1	Reduced bycatch of species of concern (proven in the area of concern)
2	Reduced bycatch of species of concern (proven elsewhere)
3	Reduced bycatch of animal group of concern, not proven for species of concern
4	No bycatch reduction in species of concern, but reduced bycatch of other fauna outside animal group of concern
5	Testing in progress, or results not conclusive
6	No reduction in bycatch

BSAP Actions S43, 44, 46, 47 Toolbox for bycatch mitigation



HELCOM



- Acoustic deterrents (static nets) – harbour porpoise

Mitigation measure	Function	Testing	Findings	Additional benefits	Limitations/considerations	Source	Available for use	Mitigation effectiveness Status*
<i>Technical measures - active acoustic devices</i>								
<p>General limitations: Pingers are not 100% effective, meaning that bycatch can occur even if pingers are used. It requires maintenance and some attention with respect to spacing to reach a high effectiveness. If not maintained properly, bycatch rates could even increase. Background noise may have an impact on the effectiveness of pingers (depending on the frequency and intensity). Some Navies object the use of pingers due to possible interference with their sonars. Furthermore, introduction of additional background noise and some degree of habitat exclusion must be expected as pingers are designed to deter porpoises from their vicinity. In the ASCOBANS Jastarnia Plan, pingers have been considered as interim measures until viable alternative gears are available.</p>								
1. Experimental (LU-1) 40-120kHz pingers	deterrent device	test in Danish cod fishery	more than a 90% reduction in porpoise bycatch	would allow continuation of static net fishery under certain circumstances	This experiment (conducted in 1997) formed part of the basis for the first EU wide pinger regulations. Adding noise to the marine environment. May work as a dinner bell for seals. Interactions with military (sonars) have been raised as an issue.	Larsen & Eigaard 2014	NO	1
2. Fishtek Porpoise & dolphin deterrent pinger (50-120kHz) "banana pinger"	deterrent device	<p>in Cornwall UK: study using acoustic click detectors</p> <p>Baltic Sea: study using acoustic click detectors in lumpfish and cod fisheries (Björklund Aksoy 2020)</p> <p>Western Norway test in various fisheries (Moan & Bjørge 2023)</p>	<p>acoustic detection probability close to an active pinger was reduced by 37% indicating a reduced bycatch risk</p> <p>reduced acoustic activity near pinger indicates reduced bycatch risk, bycatch number too low for analysis</p> <p>banana pingers and Future Oceans 70 kHz pingers (data pooled in study) significantly reduced porpoise bycatch in mixed, cod, and monkfish fisheries, no significant difference in saithe fishery</p>	would allow continuation of static net fishery under certain circumstances	<p>Reduced echolocation at the nets might indicate less animals near the net or decreased echolocation activity by individuals. In the latter case it could increase bycatch risk. Adding noise to the marine environment. No increased seal depredation in the Baltic Sea (Carlén & Cosentino 2023). Interactions with military (sonars) have been raised as an issue.</p> <p>An unpublished test in a fishery in Iceland was not able to reproduce the positive results from other areas (ICES 2021).</p>	<p>Omeyer et al. 2020</p> <p>Björklund Aksoy 2020</p> <p>ICES 2021</p> <p>Moan & Bjørge 2023</p> <p>Carlén & Cosentino 2023</p> <p>HELCOM Questionnaire</p>	YES	2



Acoustic deterrents -

Function: to deter porpoises from the net, or warn them



- Experimental (LU-1) 40-120kHz pingers
- Fishtek Porpoise & dolphin deterrent pinger (50-120kHz)
- Banana pinger 145dB 20–160 kHz
- Banana pinger 155dB
- Future Oceans pinger 70 kHz, 10 kHz
- Porpoise-PAL (PorpoiseALert) 133 kHz
- Wideband-PAL 10 - 130 kHz, source level > 145 dB
- PAL 10 kHz tonal
- Experimental (PICE) 20-160 kHz pinger
- Future Oceans (Netguard) dolphin pinger- 60-120 kHz
- Dukane Netmark 1000 105-139 kHz
- Lien 3 kHz 122-125 dB
- Dukane Netmark 1000 139-145 kHz
- Aquatec Aquamark 100 136-145 kHz
- DDD03 L 2-500 kHz



Hel Marine Station



Reduced bycatch of species of concern (proven in the area of concern)

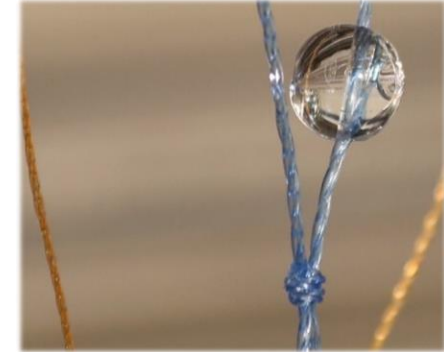
Reduced bycatch of species of concern (proven elsewhere)

Testing in progress, or results not conclusive

No reduction in bycatch

BSAP Actions S43, 44, 46, 47 Toolbox for bycatch mitigation

- Net modifications (static nets) – harbour porpoise



EU LIFE CIBBRiNA

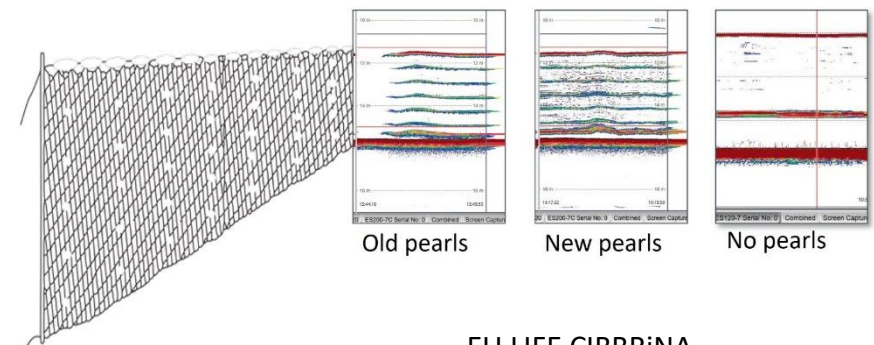
Net modifications								
22. Pearl Nets	increase acoustic detectability of the fishing net to odontocete echolocation	Black Sea: pilot study using turbot nets Iceland: tested within STELLA II and CIBBRiNA project echolocation recordings at nets	Angle-dependent increased acoustic reflectivity bycatch reduction in pearl net pilot study was not significant due to low effort increase in the number of buzz sequences around the net with pearls suggests that the net is investigated to a higher degree by the harbour porpoises than a standard net.	Would allow continuation of static net fishery under certain circumstances	promising mitigation method for odontocetes, not useful for species not echolocating (e.g., seals, birds) more tests on effectiveness in bycatch reduction are needed, similar catch effectiveness with gillnets has been proven	Kratzer et al. 2021 (Kratzer et al. 2020) Gustafson 2020 Kindt-Larsen et al., 2024 EU LIFE CIBBRiNA https://cibbrina.eu HELCOM questionnaire	NO but easy to adapt for wide use in case of high effectiveness	5

Net modifications – harbour porpoise

Function: to increase „the visibility” of the net for harbour porpoise.

Pearl nets

Barium Sulfate nets



EU LIFE CIBBRiNA

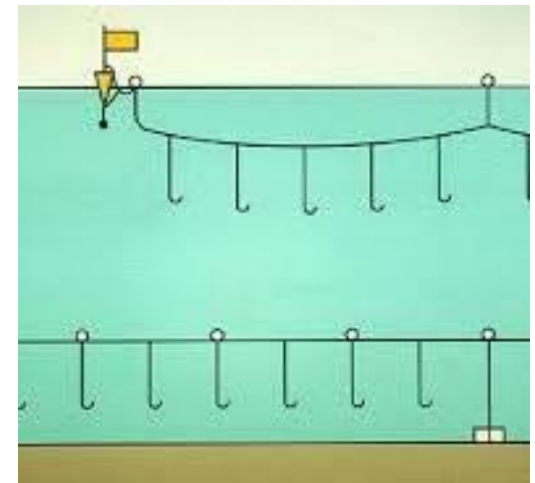
Testing in
progress, or
results not
conclusive

BSAP Actions S43, 44, 46, 47

Toolbox for bycatch mitigation

- Alternative gears (to static nets) – harbour porpoise

Alternative gears								
17. Longlines as alternative to gillnets	It is supposed that longlines pose a minimum risk of entanglement to porpoises compared to gillnets	German coastal waters (Schleswig-Holstein) used in commercial fisheries	it can be an effective way to catch fish and avoid using gillnets	very good quality of the catch, no bycatch of harbour porpoise observed	do not in general reduce bycatch of birds, depredation from seals is highly likely largely dependent on the type of hooks, lines, bait, fishing depth, fishing practices, and a variety of biotic and abiotic factors. All of these factors will affect fishing success and whether it can be commercially viable. low catch efficiency in the Baltic Sea, the largest catches were observed from December to April while the lowest from May to July	NABU Detloff & Koschinski, 2017 HELCOM questionnaire ICES Technical Service advice, 2024	YES longlines are widely used and are available on the market	5
18. Jigging machines/angling as alternative gears to gillnets	It is supposed that angling poses a minimum risk of entanglement to porpoises compared to gillnets	German coastal waters (Schleswig-Holstein) Polish coastal waters (Gulf of Gdansk)	fishing efficiency of the gear is low, no bycatch observed		a number of factors will affect fishing success and whether it can be commercially viable for the gear to work properly an abundant cod-stock would be needed which is not currently the case	NABU Detloff & Koschinski, 2017 HELCOM questionnaire EU LIFE CIBBRINA www.cibbrina.eu		5



FAO

Alternative gears – harbour porpoise

Function: to reduce the risk of entanglement

Longlines as an alternative to gillnets

Jigging machines/angling as alternative gears to gillnets

EU LIFE CiBRiNA



Testing in
progress, or
results not
conclusive

BSAP Actions S43, 44, 46, 47

Toolbox for bycatch mitigation



Alternative gears (to static nets) preventing bycatch of harbour porpoise

Alternative gears											
<p>37. Cod pots as an alternative to gillnets</p> <p>Flat fish pots</p>	<p>makes depredation of nets by seals more difficult</p>	<p>Bay of Greifswald</p>	<p>Swedish trial has evaluated cod pots versus gillnets and long-lines in two areas in the south central Baltic Sea. The comparison showed that during the first half of the year the pot fishery generated lower daily catches than the gillnet and hook fisheries, while in the second half of the year pot catches exceeded or equalled the gillnet and hook catches. In addition to the time of the year, the pot catches varied according to soak-time, water depth, and current speed and direction.</p>	<p>reduces bycatch of birds and harbour porpoise</p>	<p>size of the catch depends on many conditions including time of the year, soak-time, water depth, fish density etc.</p>	<p>Thuenen Institute of Baltic Sea Fisheries, Rostock</p>	<p>YES</p>	<p>1</p>			
		<p>Denmark</p>							<p>for the Bornholm area, higher catch rates were found in the winter and spring months compared to summer and autumn</p>	<p>usually catch efficiency is lower than when catching with gillnets</p>	<p>Swedish SLU (Königson et al., 2015).</p>
		<p>Sweden</p>							<p>whether this is a recurring pattern is not possible to claim without a longer time series</p>		
		<p>Denmark, Bornholm</p>	<p>significantly reduces the bycatch risk of harbour porpoise and birds</p>		<p>usually catch efficiency is lower than when catching with gillnets</p>	<p>Kindt-Larsen, et al. 2022</p>					



EU LIFE CIBBRiNA



Sven Koschinski

Alternative gears/net modification: mitigate bycatch of marine mammals (harbour porpoise, seals) and birds

Function: to prevent the entanglement

Cod pots

Flatfish pots

Pontoon traps

Hoovering ponton trap

Large fish trap



Rafał Bocheński

EU LIFE CIBBRINA

Reduced bycatch of
species of concern
(proven in the area
of concern)

BSAP Actions S43, 44, 46, 47

Toolbox for bycatch mitigation



Operational measures (reduction of fishing effort)

Operational measures								
Mitigation	Function	Testing	Findings	Additional benefits	Limitations/considerations	Source	Availability to use	Mitigation effectiveness Status*
45. Reduction of soak time	reduction of fishing effort	Denmark	bycatch reduction of sea mammals, birds and fish species	higher quality fish catch	reduction of fishing effort	Glemarec et al., 2024	YES	1
		Newfoundland and Labrador, Canada	target catch did not differ between control and short overnight sets but was greatly reduced during short daytime sets, seabird bycatch risk was highest when nets were full of catch (here, herring) and were left to soak throughout the day. shortening soak time reduced bird bycatch significantly	shorter soak time may reduce the risk of depredation by seals in the Baltic Sea	A Shorter soak time than 24 hours would double the number of trips which possibly need to be compensated for	Collins et al., 2025		
46. Reduction of length/width of the gear	reduction of fishing effort		bycatch reduction of sea mammals, birds and fish species		reduction of fishing effort and catch	Read, 2021	YES	1

Non-lethal operational measures – reduction of fishing effort

Reduction of soak time

Reduction of length/width of the gear

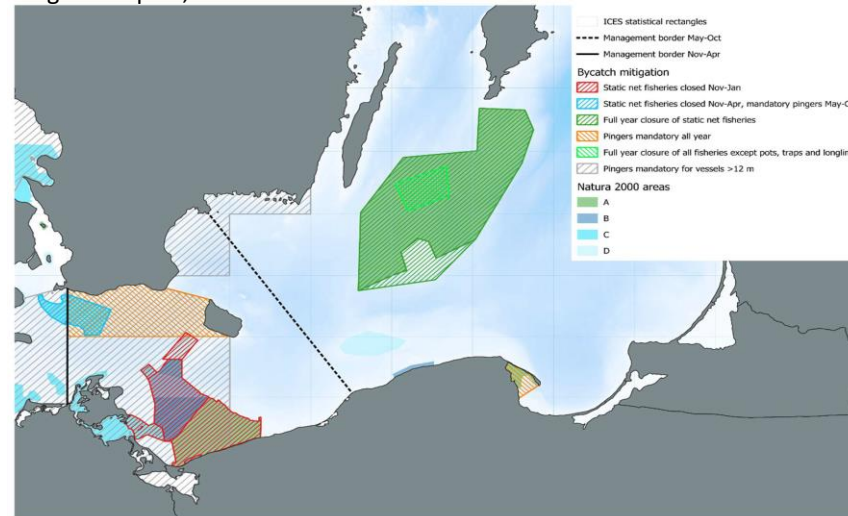
Seasonal area closures

Year-round area closures

Real time closures (RTC)

Function: Fishing effort on static nets is reduced,
so is bycatch of harbour porpoise

ASCOBANS Jastarnia
Progress Report, 2025



Reduced bycatch
of species of
concern (proven
in the area of
concern)

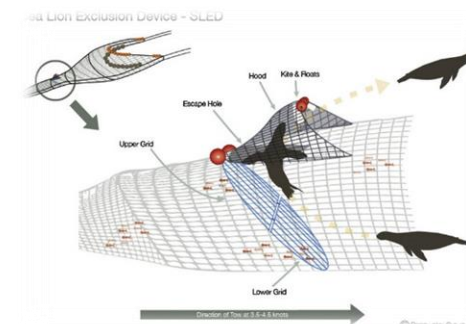
Reduced bycatch
of animal group
of concern, not
proven for species
of concern

BSAP Actions S43, 44, 46, 47

Toolbox for bycatch mitigation

Towed gears: alternative gear & net modification

Mitigation	Function	Testing	Findings	Additional benefits	Limitations/considerations	Source	Availability	Status*
<i>Alternative gears</i>								
52. Mini seine nets as alternative to gillnets	Can be used on smaller vessels has the potential to be used for species such as flounder, plaice, and turbot on soft bottoms in the Baltic, makes depredation of nets by seals more difficult.	Denmark Bornholm Great Belt and Germany	in summary the seine seems to be more suitable for catching the more valuable species, turbot and plaice, but catches of flounder are smaller mini-seine have the potential to compete with conventional fishing gears like gillnets, but are seal safe further test needed	reduces the risk of bycatch of harbour porpoises, birds, and seals	Seines require relatively soft and featureless sea bottoms, so the suitable fishing area might be smaller than that for gillnets, impact on the sea bottom	Kindt-Larsen et al., 2022 EU CIBBRiNA www.cibbrina.eu Thünen Institute 2024 HELCOM questionnaire	NO	5

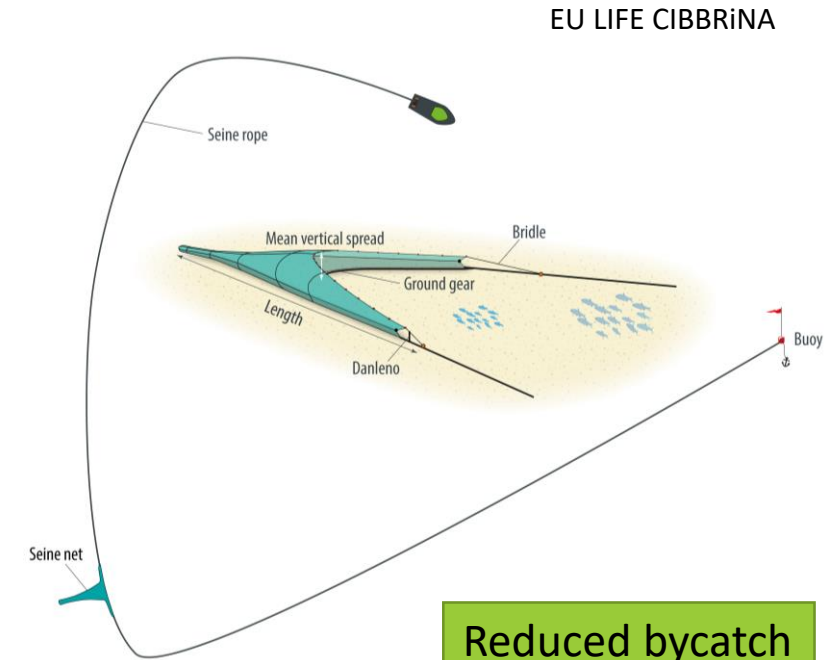


Clean catch, UK

Towed (active) gears: alternative gear & net modification - bycatch reduction of protected species of sea mammals (seals, harbour porpoise).

Function: to reduce the risk of harbour porpoise entering the net

Mini seine nets as an alternative to gillnets



Reduced bycatch of species of concern (proven in the area of concern)

Conclusions

Effective measures for bycatch mitigation (under certain conditions)

Harbour porpoise



- **Chosen types of pingers such as** experimental (LU-1), banana pinger, wideband PAL 10-130 kHz, tonal PAL 10 kHz, Dunkane Netmark 1000, Aquatec Aquamark 1000 ...
- **Alternative gears** such as cod pots, pontoon traps, hoovering pontoon trap, large fish traps, mini seine nets
- **Operational measures** reduction of fishing effort: temporal, year-round etc., but not Real Time Closures (RTC).

There are effective mitigation measures available which can safeguard the legal protection of harbour porpoises, inside and outside MPAs